

Release/Hold Harmless

I agree to release Georgetown Ice Center from all claims, actions, causes of actions, damages by the undersigned person, their parents/guardians, and for loss or injury resulting from the participation of such person in this program. I further agree to indemnify and save harmless such parties from all claims, actions, damages or demands including all costs and expenses incurred in defending any such claims or actions. ANY PARTICIPANTS WHO CAUSE DAMAGE WILL BE SUSPENDED FROM THE LEAGUE AND THE GEORGETOWN ICE CENTER WITH NO REFUND. I have read the release and understand that this is a full final release of all claims for injuries and damages sustained in Georgetown Ice Center and understand the responsibilities I have assumed there-under.

Player's Signature

Date

Georgetown Ice Center

8500 48th Avenue
Hudsonville, MI 49426
(616) 662-2800/ fax (616) 669-1132
jimbhockey@sbcglobal.net



Georgetown Ice Center
8500 48th Avenue
Hudsonville, MI 49426



Georgetown Ice Center

Checking and Safety Camp

Age Specific:

Pee Wee and Bantam

Week of August 3



Summer 2009

Georgetown Arena Checking Camp

Camp Focus

This camp is designed to place a primary focus on:

- Safety First!
- Developing the proper body contact habits and skills.
- Positive Reinforcement of critical habits and skills.
- Developing a comfort zone for giving and receiving body contact.
- Power and overspeed skating instruction.

Instruction Technique

- Each session will be challenging and fun.
- Players will be instructed following the whole, part, whole method of instruction, so that each student can grasp the vital aspects of each new skill and technique.
- Instruction will be positive and encouraging.

Lead Instructor ~ Joel Breazeale

- o Hockey Director - Georgetown Arena
- o USA Hockey Instructor – 12 years.
- o At the fore-front of cross ice, small games, situational teaching, and the American Development Model in West Michigan.
- o Varsity Hockey Coach East Grand Rapids (4 seasons)
 - o Regional Champion
 - o State Qtr. Final Champion
 - o State Semi Finalist.

Daily Schedule

- o Monday – Thursday Schedule
 - o 8:30 – 10:00am ~ on ice
 - o 10:15 – 11:00am Dry land
 - o 11:00 – 11:45 Lunch and video
 - o 12:00 – 1:30pm ~ on ice
- o Friday Schedule:
 - o Evaluations
 - 8:30- 10:30am
 - Game Times
 - Pee Wee’s 11am.
 - Bantam’s 12pm.

Camp Itinerary

- Players will learn the following stick checks:
 - o Stick Press
 - o Stick Lift
 - o Poke Check
 - o Stick on Stick
- Players will learn the following body checks:
 - o Shoulder Check on boards
 - o Shoulder Check at open ice
 - o Hip check on boards
 - o Hip check at open ice
- Players will learn the following tactics.
 - o Angling at boards
 - o Angling at open ice
 - o 1:1 situations
 - o 2:1 situations
- Power Skating Component.
 - o For 30 min. each day.
 - o Focus on balance, speed and explosive power.
- Daily Dry land Instruction.
 - o Introduction to new checking techniques before going on ice.
 - o Stick handling instruction.
 - o Speed development.

Georgetown Arena Checking Camp

Registration (please fill out completely)

Player’s Name: _____

Parent’s Name: _____

Position: _____

Address: _____

E-mail: _____

City, State, Zip: _____

Home Phone: _____

Age: _____ Birth Date: _____

Please check appropriate Jersey size:

- Adult Medium
- Adult Large
- Adult X Large

Clinic Cost:

- \$199.00

Payment Choices:

- Check or Money Order Enclosed
 - o Paid in Full - \$ _____
- MasterCard/Visa
 - o Paid in Full - \$ _____

_____ Exp: _____